

Extra-Curricular Activities

One goal of ESM's Youth Development and Leadership Team is for all students to participate in one or more extra-curricular clubs or activities. Involvement fosters connections and helps students develop positive relationships while offering an opportunity to use communication and collaboration skills. We offer a variety of age-appropriate opportunities based on current student interests to encourage involvement. This list is for general purposes and is subject to change.

Elementary: Each elementary school offers different co-curricular and extra-curricular activities ranging from serving on the Banking Board for the Bank at School program to intramurals, academic and fitness-oriented clubs. Check with your child's school to see what is offered. There are also programs offered outside the district through separate organizations that include East Syracuse Minoa Youth Sports (www.esmys.com), East Syracuse-Minoa Little League (E-mail esml@yahoo.com) and ESM Pop Warner Football/Cheerleading as well as local YMCA, Scouting and other programs.

Pine Grove Middle School: Pine Grove offers a changing variety of activities for students that can include Bey Blades Club, Guys/Girls Chorus, International Club, iStaff (student leadership program), Latin Club, Marching Band, Pokémon Club, R.C. Vehicle Club, Rock Star Club, Ski/Snowboarding Club, Soccer Club, Student Council, Tech Club, Tennis Club, Volleyball Club, Walking Club, Winter Guard and Wrestling Club.

Central High School: Students can select from a large range of co-curricular and extra-curricular activities. Opportunities include Athletic Strength Club, Auto Tech Club, Chemistry Club, Cosmetology Club, Cultural Awareness Club, DECA, Drama Club, FCCLA (Family, Career & Community Leaders of America), French Club, Future Chefs of America, Gay/Straight Alliance Club, Italian Club, Key Club, Latin Club, Literary Club, Marching Band, Math League, Metric Club, Mock Trial, Model United Nations, National Honor Society, Outdoor Adventure Klub (OAK), PAWS Club, PEAK Club, Science Olympiad, Show Choir, Ski/Snowboard Club, Spanish Club, Spartan Review, Stage Band, Stage Crew, Student Council, Teen AIDS Task Force, Video Club, Winter Guard, Yearbook and Youth vs. Cancer.

Athletics: Middle and high school student-athletes can participate in a variety of sports. Modified sports programs start in 7th grade and opportunities continue through junior varsity and varsity programs. Offerings include (M=Modified, JV=Junior Varsity & V=Varsity): Baseball (M/JV/V), Basketball (M/JV/V), Bowling (V), Cheerleading (V), Cross Country (M/V), Field Hockey (M/V), Football (M/JV/V), Golf (V), Gymnastics (V), Lacrosse (M/JV/V), Soccer (M/JV/V), Softball (M/JV/V), Tennis (JV/V), Track: Indoor (V), Track: Outdoor (M/JV/V), Volleyball (M/JV/V) and Wrestling (M/JV/V). Athletes moving into the district must be in compliance with the Section III Transfer Rule, while foreign exchange students need a special approval. For information, contact the Athletic Department at 315-434-3301 ext. 3.